



Transition paths to sustainable legume-based systems in Europe

How to re-introduce traditional Hungarian legume land races in short food value chains?

Hungary is very rich in traditional, local legume-varieties, which are valuable due to their genetic diversity and adaptability. In addition, they bear great yet unexploited gastronomic and market potential thanks to their varied appearance, taste and nutritional content. Despite these recognised benefits, both the registered growing area and the degree of consumption are rather low.

A recent innovation idea aims to assess the possibility of (re)introducing and enhancing traditional/heritage legume varieties and land races into premium gastronomy and to determine the conditions of such re-introduction from producers' and market's perspectives.

During the TRUE project, a number of selected traditional Hungarian pulse varieties will be tested in small-scale organic production, processed into different types of food products following traditional and new recipes, and tested by gastro-specialists and consumers at various scenes of urban gastronomy. The project will deliver practical knowledge for various players of the short value chain.

For organic farmers, the practicalities of the organic cultivation of different legumes species will be collected. For chefs, cooks, food processors and other gastronomic professionals a set of fact sheets of all tested legume species will be provided, showing the nutrition profiles and kitchen usability.

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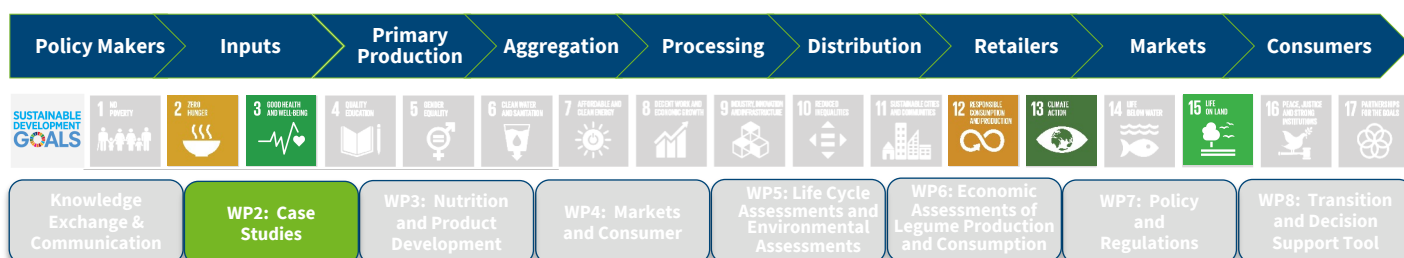
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All Practice Abstracts prepared by the TRUE Project in the EIP-Agri common format can be found here: <https://ec.europa.eu/eip/agriculture/en/find-connect/projects/transition-paths-sustainable-legume-based-systems>





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For the same stakeholder groups, recipes of meals and durable products will be collected/developed using the different species/land races. Meals and products will be preevaluated by professionals and consumers.



Figure 1. Various legumes and pulses. Photo credits ©: Mariana Duarte



About TRUE

The EU funded project "Transition paths to sustainable legume based systems in Europe" (TRUE) is a balanced practice-research partnership of 24 institutions, which aims to identify the best routes, or "transition paths" to **increase sustainable legume cultivation and consumption across Europe** and includes the entire legume feed and food value chains.

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