

Choose Beans



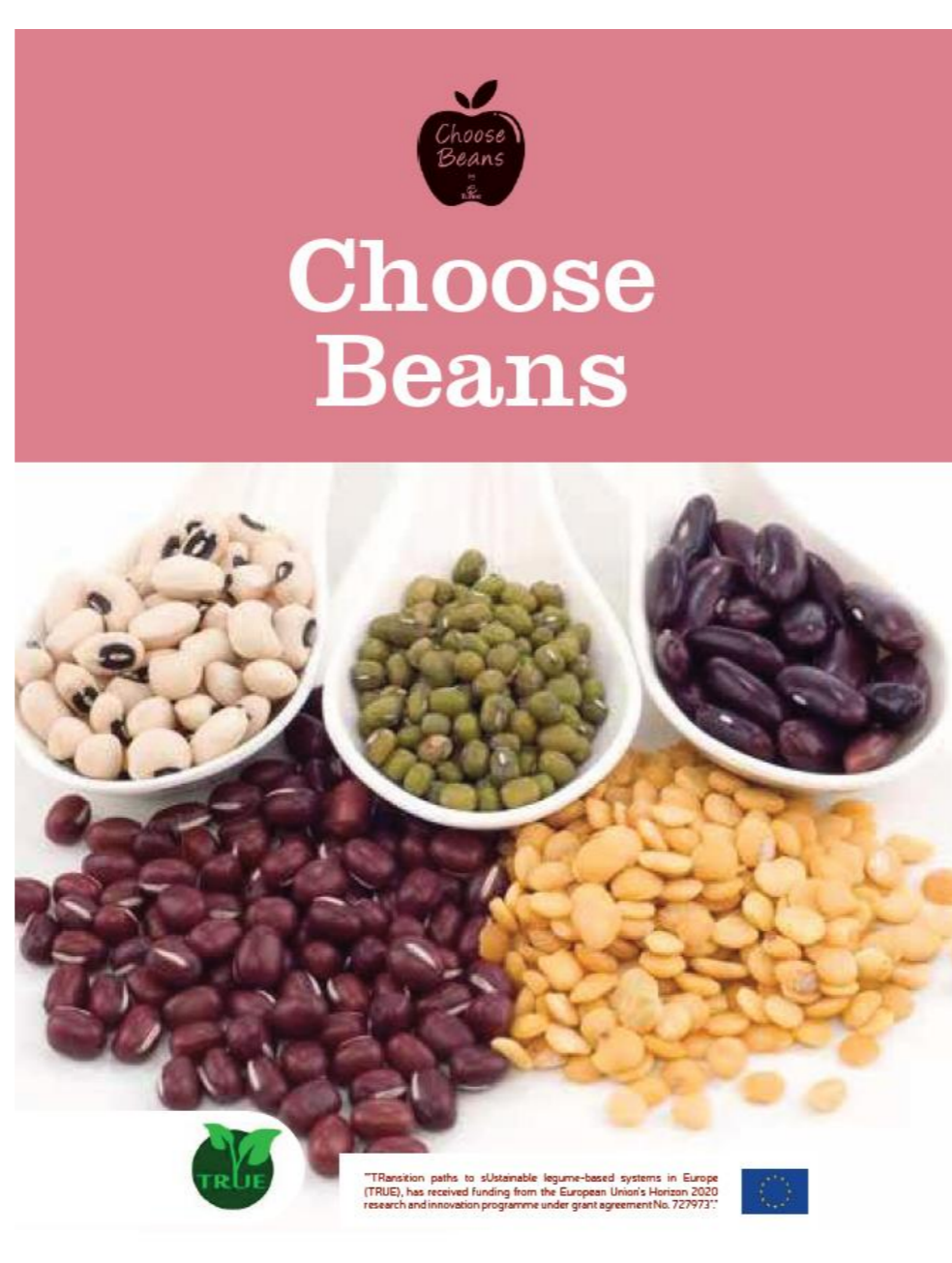
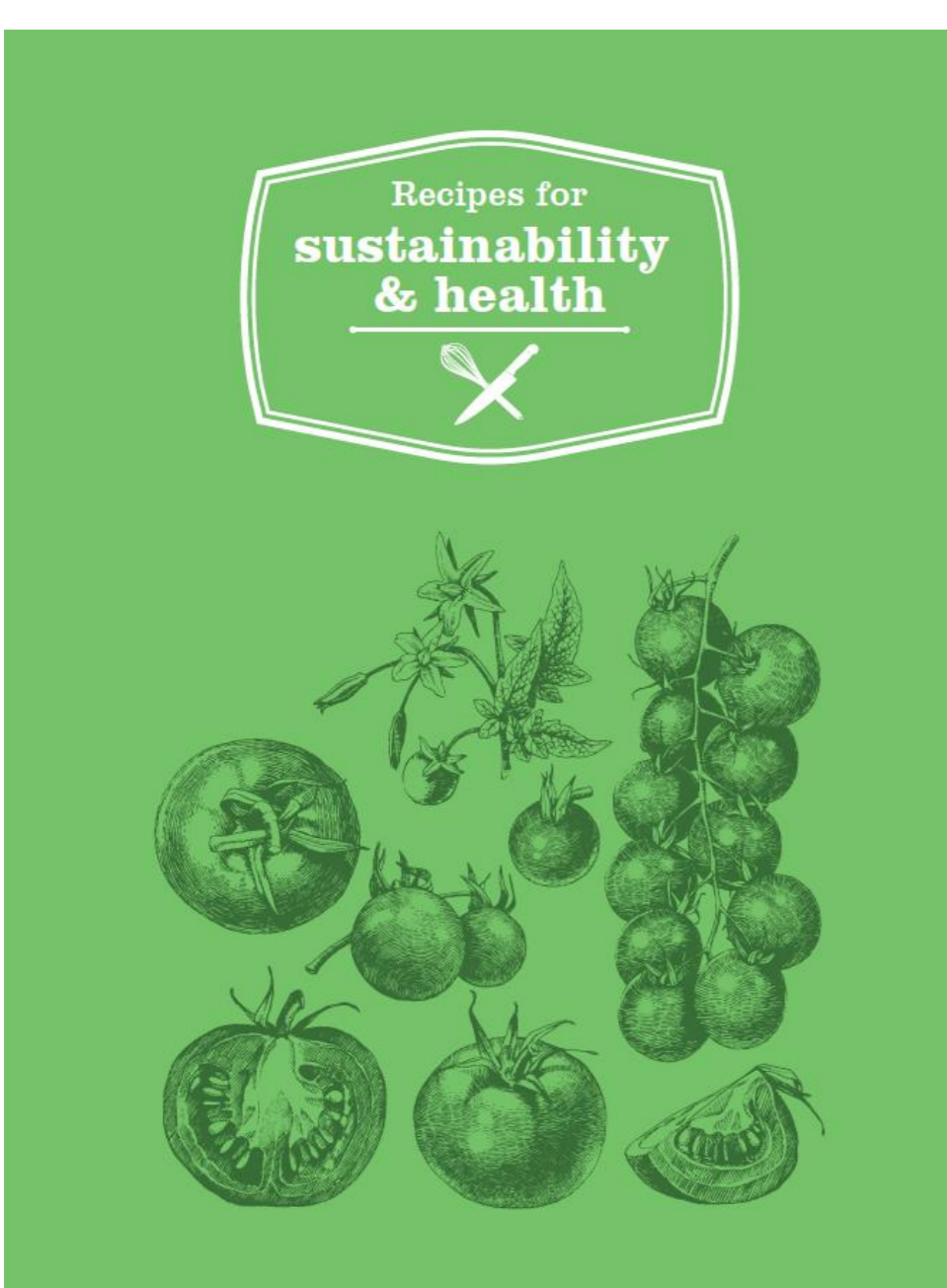
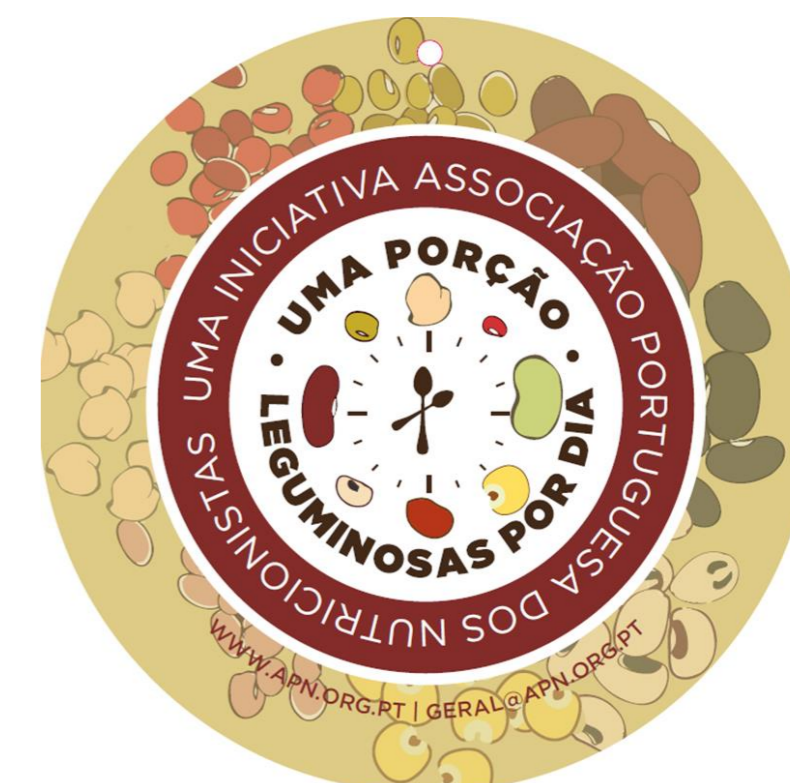
TRansition paths to sUstainable legume-based systems in Europe

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Eurest Portugal

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Continuous dissemination to consumers of nutritional advantages associated with the consumption of legumes, in promotion and dissemination campaigns carried out in partnership with the Portuguese Nutrition Association; "A portion of legumes per day".



Changing consumption trends

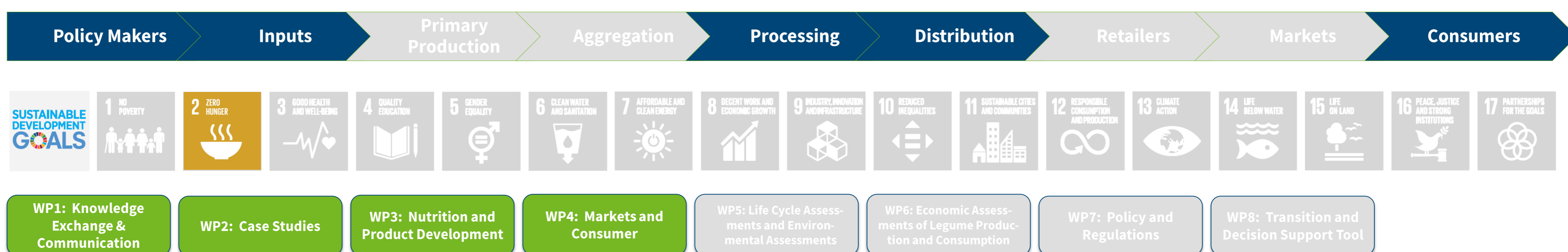
In the year 16/17 the consumption of legumes in the Eurest Portugal restaurants was **500 000 kg**.

This year in the first semester, the consumption per meal served already has an increase in the order of 9%.

So the aim of increasing consumption is optimistic in terms of results for this year.

Development of new recipes

Organoleptic and acceptance evaluation tests, with a panel consumers, of new recipes with legumes in partnership with



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